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**PROCEEDING OF
INTERNATIONAL CONFERENCE ON
MEDICINAL PLANTS**

in occasion of

the 38th Meeting of National Working Group on Indonesian Medicinal Plant

**21-21 July 2010
Surabaya, Indonesia**

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**in collaboration with
National Working Group on Indonesian Medicinal Plants
and German Academic Exchange Service**

PREFACE

The International Conference on Medicinal Plants in occasion of the 38th Meeting of National Working Group on Medicinal Plant was held on the campus of Widya Mandala Catholic University in Surabaya during 21-22 July 2010. Over 300 participants had many fruitful discussions and exchanges that contributed to the success of conference. The present volume *Proceedings* (Volume 2) includes the papers presented at the conference and continues where Volume 1 leaves off.

The 192 abstracts that were presented on two days formed the heart of the conference and provided ample opportunity for discussion. Of the total number of presented abstracts, 63 of these are included in the Volume 1 and 58 in this proceedings volume. Both of the Conference Proceedings cover all aspects on key issues related to medicinal uses of plants, their active ingredients and pharmacological effects, production and cultivation of medicinal plants.

We appreciate the contribution of the participants and on behalf of all the conference participants we would like to express our sincere thanks to plenary speakers, Dr. Mona Tawab, Prof. Henk van Wilgenburg, Prof. Tohru Mitsunaga, Prof. De-An Guo, dr. Arijanto Jonosewojo, SpPD FINASIM, Dr. Bambang Prayogo, Mr. Jimmy Sidharta, Ir. Dwi Mayasari Tjahjono, S.Pd, Dipl. Cidesco, Dipl. Cibtac, and everybody who helped to make conference success and especially to our sponsors

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May you all be richly rewarded by the LORD.

All in all, the Conference was very successful. The plenary lectures and the progress and special reports bridged the gap between the different fields of the development of medicinal plants, making it possible for non-experts in a given area to gain insight into new areas. Also, included among the speakers were several young scientists, namely, students, who brought new perspectives to their fields. I hope this proceedings will promote the interdisciplinary exchange of knowledge and ideas in medicinal plant and related industries.

Dr.phil.nat. Elisabeth Catherina Widjajakusuma
Conference Chairman

CONTENT

	Page
Preface	ii
Design of Animal Experiments for Effectiveness and Safety Studies of Phytomedicines: A Computer Simulation H. van Wilgenburg	356
Gas Chromatography-Mass Spectroscopy (GC-MS) based Metabolic Fingerprinting of three Malaysian Ginger (<i>Zingiber officinale</i> Rosc.) Retno A. Budi Muljono, H. J. Mahdi, Ishak	363
Antibacterial Activity of Marine Sponges <i>Haliclona fascigera</i> against <i>Ralstonia Solanacearum</i> Dian Handayani, Nining, Fatma Sri Wahyuni	368
A Bioactive Compound of Lactarane Sesquiterpene Velleral from the Stem Bark of <i>Drymis beccariana</i> Gibbs. (Winteraceae) Bimo B. Santoso, Markus H. Langsa and Rina Mogea	373
Preliminary Study on <i>Phaeomeria</i> sp. Economic Potency Hanifa Marisa, Rahmiwati, Hidayatullah	378
Vasoactive Effect of <i>Connarus grandis</i> Leaves Extracts on Different Strains of Rats Armenia, Helsa Devina, M.Z.A. Sattar	382
Seed Germination and Medical Properties of <i>Areca catechu</i> L. Rony Irawanto	391
The Bioactivity Test of Mangosteen (<i>Garcinia mangostana</i> L. Guttiferae) Pericarp against <i>Staphylococcus aureus</i> and <i>Escherichia coli</i> Bacteria Pertamawati, Nuralih	398
Phytochemical Study of Ketapang Bark (<i>Terminalia catappa</i> L.) Ade Zuhrotun, Asep Gana Suganda, As'ari Nawawi	403

Identification of Flavonoids in <i>Cabomba furcata</i> from Tasik Chini, Pahang Malaysia	417
Kurnia Harlina Dewi, Masturah Markom, Sity Aishah, Siti Rozaimah, Sheikh Abdullah, Mushrifah Idris	
Anti-Obesity of Mouse by Sniffing Cypress Essential Oil	426
Nasa Matsushima, Tohru Mitsunaga	
Effect of <i>Artocarpus atilis</i> Decoction Unripe on Advanced Glycation and Products in Hiperglycemia Induced Rats (<i>Rattus norvegicus</i>)	430
Fujiati, Isnaini	
Antioxidant Activity of Flavonoids Compound from Kelor Leaves (<i>Moringa oleifera</i>)	437
Marsah Rahmawati Utami, Lusiani Dewi Assaat, Supratno, Jorion Romengga, Yusridah Hasibuan, Irmanida Batubara	
Docking Study and Structure Modification of Ethyl p-Methoxycinnamate Isolated from <i>Kaempferia galanga</i> Linn. To Enhance Its Selectivity on Cyclooxygenase-2	441
Juni Ekowati, Sukardiman, Shigeru Sasaki, Kimio Higashiyama, Siswandono, Tutuk Budiati	
Prospect of a Combination Therapy of Herbs and Prebiotic as an Alternative Control Bacterial Diseases in Freshwater Aquaculture	446
Angela Mariana Lusiastuti, E.H. Hardi, Tanbiyaskur, A.H. Condro Haditomo	
Sub Acute Toxicity Test of Ethanol Extract of Betel Palm (<i>Areca catechu</i> L.) on Wistar Strain Albino Rat (<i>Rattus Norvegicus</i>)	452
Wiwien Sugih Utami, Nuri, Yudi Wicaksono	
Survey on Piperaceae Family at Kota Agung Village, Lahat District, South Sumatera	460
Hanifa Marisa, Salni	
The Development of Tablet Formulation of <i>Artocarpus champeden</i> Stembark Extract as Antimalarial Drug	464
Achmad Fuad Hafid, Andang Miatmoko, Agriana Rosmalina Hidayati, Lidya Tumewu, Achmad Radjaram, Aty Widyawaruyanti	

Testing and Transdermal's Formulation of Leaf Extract <i>Pterocarpus indicus</i> the Shade Street to Lower Blood Sugar Rate	470
Antonius, M. Lukman, E. Natania, S. Mariaty	
Utilization of Traditional Medicine as Stamina Enhancer in Sundanese Communities at Cicemet Village, Banten Kidul	476
Francisca Murti Setyowati, Wardah	
Effect of Some Selected Herbal Plant Extracts as Potential Dental Plaque Biofilm Inhibitors	483
Triana Hertiani, Sylvia Utami Tunjung Pratiwi, Muhammad Herianto, Aini Febriana	
Anti Inflammatory Activity of Ethanolic Extract of Leaves of Jarak Pagar (<i>Jatropha curcas</i>) and Neutrophils Profile in Rats Foot Induced Carrageenan	490
Hanif Nasiatul Baroroh, Warsinah	
PDMAA Coated Capillaries in Reducing Protein Adsorption	495
Adhitasari Suratman, Herman Wätzig	
Medical Plant Biodiversity in Dayak Communities Living in Kahayan Bulu Utara, Gunung Mas Regency, Central Kalimantan	503
Wardah, Francisca Murti Setyowati	
Softcoral (<i>Sinularia dura</i>, <i>Lobophytum structum</i>, <i>Sarcophyton roseum</i>) Fragmentation in Thousand Island as Potential Source of Natural Product	513
Hefni Effendi, Beginer Subhan, Dedi Soedharma, Dondy Arafat, Mujizat Kawroe	
Ethnopharmacology Study and Identification of Chemical Compounds of Herbal Medicines from South Sulawesi Affecting the Central Nervous System	526
Aktsar Roskiana, Asni Amin, Iskandar Zulkarnain	
Microscopic Identification and TLC Profile in Jamu for treatment of Uric Acid	531
Asia Hafid, Asni Amin, Hasnaeni, Virsa Handayani	
Ethnopharmacy of Herbal Medicine Studies from Wakatobi in South-East Sulawesi	537
Asni Amin, Aktsar Roskiana, Waode atian Naim	

Pharmacognostic Study and of Chemical Compound and Caracterization of n-Hexane Extract of Asian Pigeon Wings Leaf (<i>Clitoria ternatea</i> L.)	544
Rusli, Abd. Kadir, Nasruddin Kamarullah, Asni Amin	
A Review: Feasibility Study of Eugenol Herbal Extract as Post Gingival Curettage Treatment	549
Roesanto, Liliek S. Hermanu, David A. M.	
Formulation of Cola (<i>Cola nitida</i> A. Chev) Effervescent Tablet	552
Teguh Widodo, Alisyahbana, Taufik Hidayat	
Anti-inflammatory and Analgesic Effect of Ethanol Extract of Gedi Leaf (<i>Abelmoschus manihot</i> L.Medik) Compared to Diclofenac Sodium in Paw Edema Rat	557
Enny Rohmawaty, Herri S Sastramihardja, Kuswinarti	
Biological Activities and Development of Herbal Products from <i>Sonneratia caseolaris</i> L.Engl.	565
Enih Rosamah, IrawanWijaya Kusuma, and Farida Aryani	
<i>Vitex pubescens</i> and <i>Terminalia catappa</i> plant species from Kalimantan as an Anti dental Caries Agent	571
Harlinda Kuspradini, Irmanida Batubara, Tohru Mitsunaga	
Improvement Characteristics of Curcuma Tamarind Traditional Jamu by Addition of Thickening Agent	577
Krishna Purnawan Candra	
Oxidation and Its Relation Between <i>in vitro</i> and <i>in vivo</i>	582
Lukman Muslimin, Habibie, Gemini Alam, Syaharuddin Kasyim, Mufidah M., Marianti A. Manggau	
Antidiarrheal Activity of Ethanol Extract of Sarang Semut (<i>Myrmecodia tuberosa</i>) in Experimental Animals	589
Nurlely, Revina A. Y., Anna Y. S., Yuyun S.	
Pests of <i>Stelechocarpus burahol</i> (Blume) Hook. F.&Thomson in Purwodadi Botanical Garden	593
Solikin	

Preparing and Implementing Module on Herbal Medicine for Medical Student Abraham Simatupang, Hayati Siregar, Mulyadi Djojosaputro	598
Anti-hypercholesterolemic Activities of <i>Artocarpus altilis</i> Leaves Infusion Churiyah, Sri Ningsih	603
Callus Induction of <i>Sonchus arvensis</i> L. and Its <i>In-Vitro</i> Antiplasmodial Activity Dwi Kusuma Wahyuni, Tutik Sri Wahyuni, Wiwied Ekasari, Edy Setiti Wida Utami	609
Detection of Toxic Substances of <i>Swietenia mahagoni</i> Jacq. Stem Bark by <i>Artemia salina</i> Bioassay Eka Prasasti Nur Rachmani, Tuti Sri Suhesti, Nuryanti	614
Preliminary Screening of Marine Algae from South Sulawesi Coast for Cytotoxic Activity using Brine Shrimp <i>Artemia salina</i> Lethality Test Elmi Nurhaidah Zainuddin	622
Study of Cell and Callus Culture of <i>Erythrina variegata</i> L. for Secondary Metabolite Production as Antimalaria Herbal Medicine Suseno Amien, Tati Herlina	633
Acute Toxicity Study of the Methanol Extract of <i>Rhodomyrtus tomentosa</i> Leaves in mice Sutomo, Mudakir, Arnida, Yuwono	638
Cytotoxicity Evaluation of Medicinal Plant <i>Andrographis paniculata</i> in Breast Cancer Cell Lines Tarwadi, Churiyah, Fery Azis Wijaya, Pendrianto, Olive Bunga Pongtuluran, Fifit Juniarti, Rifatul Wijdhati	643
Separation of chloroform fraction of stem bark of <i>Bruguiera gymnorhiza</i> using bioassay guided fractionation and cytotoxic effects on cancer cell lines Warsinah, Hartiwi Diastuti, Hanif Nasiatul Baroroh	650
Optimization of Extraction of Solvent using Simplex Method with Axial Design to Obtain <i>Phyllanthus niruri</i> HPLC Profile Wulan Tri Wahyuni, Latifah K. Darusman, Aji Hamim Wigena	654

Formulation of Herb Pills of <i>Stenochlaena palustris</i>: An Overview of Fineness Variations of Powders, Concentration of Dissintegrant, and Drying Time	659
Isnaini, Yugo Susanto, Sri Nurul Munjiah	
Detection of Chloramphenicol Residue in Shrimp (<i>Penaeus monodon</i>) by High Performance Liquid Chromatography	667
Caroline, Senny Yesery Esar, Kuncoro Foe	
Technique for Purification of Polychlorinated Terphenyl in Raw Product of Synthesis	671
Atmanto Heru Wibowo, Muefit Bahadir	
Study of clove leaves volatile oil and its potential as growth inhibition against <i>Streptococcus mutans</i> and <i>Streptococcus pyogenes</i>	679
M. Ervina, D.A. Limyati, L. Soegianto	
Simultaneous Determination of Sulfamethoxazole and Trimetoprimin Oral Suspension with Branded Name and Generic Name by High Performance Liquid Chromatography (HPLC)	683
Effendy De Lux Putra, Muchlisyam	
Optimization Formula of <i>Aloe vera</i> L. Powder Extract Effervescent Granules	691
Yuliana Hidayat, Lannie Hadisoewignyo	
Mouthwash Formulation Development of <i>Piper betle</i> Extract and Activity Test against <i>Streptococcus mutans</i>	696
Rachmat Mauludin, Sasanti Tarini Darijanto, Irda Fidrianny, Ryan Rinaldi	
Simultaneous Determination of Mefenamic Acid, Phenylbutazon, Diclofenac Sodium, Paracetamol, and Piroxicamin Traditional Medicine by TLC	701
Emi Sukarti, Senny Yesery Esar	
Neuroprotective of <i>Centella asiatica</i> toward BDNF (Brain-Derived Neurotropic Factor) Level, TNFα, NFkB and Apoptosis on Neuronal Cells Culture LPS-Induced	706
Husnul Khotimah, Wibi Riawan, Umi Kalsum	
Potency of Dragon Blood (<i>Daemonorop draco</i>) as Medicinal Plant, and Its Conservation in Jambi Province-Indonesia	714
Zuraida	

AUTHOR INDEX	717
PLANT NAMES INDEX (Volume 1 and 2)	719

THE DEVELOPMENT OF TABLET FORMULATION OF ARTOCARPUS CHAMPEDEN STEMBARK EXTRACT AS ANTIMALARIAL DRUG

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Abstract: Parasite resistance to antimalarial drug, chloroquine and sulfadoxin-pirimetamin, still become a major problem in malaria control worldwide, therefore, the effort in developing a new and different target of antimalarial drug become a high priority. Our preliminary test revealed that extract from *A. champeden* exhibited potent antimalarial activities against *P. falciparum* *in vitro* and *P. berghei* *in vivo*. Several isolated compounds from this plant exhibited antimalarial activity. One of the isolated compound identified as heteroflavon C, a prenylated flavone, have a higher antimalarial activity than chloroquine. Therefore, it is potential to be developed as antimalarial drug. The research was conducted to develop tablet formulation of ethanol extract of *A. champeden* stem bark (EEAC). The formula that composed : EEAC 150 mg, lactose 140 mg, cabo-sil 5%, amilum 46 mg, avicel PH 101 7%, primogel 5%, and Mg stearat 1% was the selected formula. The tablet hardness of the formula has span between 9.0-12.27 kP and the average is 10.78 kP, the disintegration time of formula 12 minutes 47 seconds. A standard 4-days test on *P. berghei* infected mice was used to evaluated *in vivo* antimalarial activity of the tablet. This research revealed that EEAC tablet has antimalarial activity against parasite *P. berghei* *in vivo*. Oral administration of EEAC tablet at a dose of 10 mg/kg body weight multiple dose (twice a day) inhibited the parasite growth better than 100 mg/kg body weight single dose (once a day). Antimalarial activity of tablet in multiple dose per oral showed inhibition of parasite growth of 73.88 %, while at single dose per oral showed inhibition of parasite growth of 83.32%.

Keywords : *A. champeden*, tablet formulation, *P. berghei*, *in vivo* antimalarial activity

INTRODUCTION

Parasite resistance to antimalarial drug, chloroquine and sulfadoxin-pirimetamin, still become a major problem in malaria control worldwide, therefore, the effort in developing a new and different target of antimalarial drug become a high priority. *Artocarpus champeden* (family Moraceae) known as "cempedak", is widely distributed in Indonesia and has been traditionally used in malarial remedies (Heyne, 1987). Previous study reported that prenylated stilbene from *Artocarpus integer* (syn *A. champeden*) exhibited antimalarial activities against *P. falciparum* (Boonlaksiri et al., 2000). Our preliminary test revealed that extract from *A. champeden* exhibited potent antimalarial activities against *P. falciparum* *in vitro* and *P. berghei* *in vivo*. Several isolated compounds from this plant exhibited antimalarial activity (Hidayati, 2003; Utomo, 2003; Ernawati, 2005). One of the isolated compound identified as heteroflavon C, a prenylated flavone, have a higher antimalarial activity than chloroquine (Widyawaruyanti et al., 2007^a). Standardized ethanol extract of *A. champeden* stem bark (EEAC) also exhibited potent antimalarial activities against *P. falciparum* *in vitro* and *P. berghei* *in vivo*. Therefore, it is potential to develop EEAC as antimalarial phytopharmaceutical product. As phytopharmaceutical product, that requires consistency in the efficacy, safety, and effectivity (Widyawaruyanti et al., 2007^b; Widyawaruyanti, 2008).

The research was conducted to develop tablet formulation of EEAC and to evaluate the effectivity as antimalarial drug.

MATERIALS AND METHODS

Materials

The stem bark of *A. champeden* were collected from Mugirejo, Samarinda, East Kalimantan, Indonesia on October 2009.

The tablet excipients used were lactose monohydrate, amilum manihot as filler, colloidal silicon dioxide (Cab-o-Sil) as absorbent and glidant, microcrystalline cellulose (Avicel PH 101) and sodium starch glycolate (Primogel) as disintegrant and magnesium stearate as lubricant.

Preparation of extract

10 kg powdered cempedak stem bark was macerated with ethanol solvent 80% during 2 hour with warm-up at temperature 40°C. Then it was filtered. The residue dried and re-macerated with the same solvent for three times. Extract collected and evaporated to obtain concentrate EEAC.

Preparation of EEAC tablets

The tablet formulation containing EEAC were prepared according to the formula given in table 1. Tablets were prepared by wet granulation method. Extract was dissolved in ethanol for homogenization then mixed with lactose monohydrate, amilum manihot, Cab-O-Sil, Avicel PH101 and Primogel (internal phase disintegrant). The moist mass was granulated by passing them through a 12 mesh sieve (2,100 µm) then dried at 40°C. After the drying process, the granules obtained were resieved through a 18 mesh sieve (1,400 µm). Then the granules were mixed with sodium starch glycolate (external phase disintegrant) and Mg stearate.

The granules were compressed into tablets (final weight 430 mg) by means of spherical punch (1.0 mm in diameter) using laboratory single-punch tablet pump for 1 second with loads of 2 tons. The tablets were evaluated for physical characteristics including tablet hardness, weight uniformity, friability and disintegration time. Then were determined for its antimalarial activity.

Table 1. Formula of EEAC Tablets

Component	Quantity
Internal addition	
EEAC	150 mg
Lactose monohydrate	140 mg
Cab-o-Sil	5%
Amilum manihot	46 mg
Avicel PH 101	7%
Primogel	5%
External addition	
Primogel	5%
Mg stearat	1%
Tablet weight	430 mg

Tablet organoleptic and weight uniformity

Tablets were evaluated for their physical appearance visually and also for its higroscopicity. For tablet weight uniformity, 20 tablets were weighed individually by using O'Hauss miligram balance

Crushing Strength and Friability Tests

The load (kP) required to diametrically break each tablet was determined at room temperature using Erweka Hardness tester. Ten tablets were used for its determination. The friability of the tablets were evaluated for 20 tablets using Erweka Friability Tester which operated at 50 rotation per minute for 10 minutes.

Disintegration Test

The disintegration time of tablets were determined in distilled water at $37 \pm 0.5^{\circ}\text{C}$ using an Erweka disintegration testing apparatus.

Evaluation of Tablet Properties

- a. Physical appearance, tablets were evaluated for their physical appearance visually and also for higroscopicity.
- b. Tablet hardness, it was determined for 10 tablets using Erweka Hardness Tester.
- c. Tablet weight uniformity, 20 tablets were weighed individually by using O'Hauss miligram balance. The result should fulfill the requirements.

In vivo antimalarial test

Antimalarial activity of EEAC tablet was determined by modification of the "4-day Suppressed Test" originally described by Peters (1980).

For each experiment, mice were randomly assigned to a given treatment group (five mice in each group). The day of infection is termed D0, and succeeding day of infection are termed D1, D2, etc. EEAC tablet was suspended in CMC-Na (0.5%) and was given to mice once a day at dose 100 mg/kg body weight (as single dose) and twice a day 10 mg/kg body weight (as multiple dose). While untreated group received CMC-Na (0.5%) solution. Thin blood smear were made from the tail blood everyday. The level of parasitemia in mice, as seen in Giemsa-stained smears, were assessed.

RESULT AND DISCUSSION

Result of Formulation Study of EEAC Optimation formula of EEAC tablet

EEAC tablets have been successfully prepared and evaluated. The tablets were evaluated for uniformity of weight, hardness, friability, and disintegration time. The results of physical appearance of EEAC tablet prepared using wet granulation method shows good physical appearance and relatively non higroscopic. The result indicate that the tablets fullfill the requirement (398,3 – 462,9 mg mg) which have range of tablet weight between 424,8 - 435,0 mg. A good degree of uniformity of weight was achieved for all of tablet prepared. The percent deviation did not exceed 5%, indicating excellent uniformity of weight in the tablet formulations prepared (Table 2).

The tablet exhibited good mechanical properties with regard to both hardness and friability (Tables 3 and 4). The crushing strength test results interval value of tablets hardness between 9.0 - 12.27 kP with an average is 10,78 kP. In the friability studies, weight loss values of the tablet was less than 1%.

The result of disintegration time of EEAC tablet shows the time required for all tablets to break up into small particle is 11 minutes 56 seconds. This is less than traditional medicine requisite which stated time of disintegration should be less than 20 minutes.

Table 2. Result of evaluation uniformity of weight of EEAC tablet

No	weight (mg)	No.	weight (mg)
1	432.2	11	432.5
	427.8	12	433.3
3	430.6	13	435.0
4	426.7	14	428.7
5	431.3	15	433.0
6	424.8	16	431.7
7	430.9	17	432.1
8	428.7	18	432.5
9	431.9	19	427.4
10	430.7	20	430.0
Interval = 424.8 – 435.0 mg			
Requisite = 398.3 – 462.9 mg (7.5%)			
Average = 430.6 mg			
Standart deviation = 2.54%			

Table 3. Result of evaluation hardness of EEAC tablet

No	Hardness (kP)
1	9.02
2	10.32
3	10.51
4	10.89
5	11.83
6	10.51
7	9.06
8	12.65
9	12.27
10	10.76
Interval = 9.0 - 12.27 kP	
Average = 10.78 kP	
Standart deviation = 1.21 %	

Table 4. Result of evaluation friability of EEAC tablet

Weight before test	8,624.2 mg
Weight after test	8,607.4 mg
Percentage of weight loss	0.19%

In vivo antimalarial test

Antimalaria activity test result from various therapy models of EEAC tablets showed at fig 1. The result showed that EEAC tablet given as single dose and multiple dose can inhibit the growth of parasite, compare with the untreated group. Three day after the treatment ended, the inhibition percentage for EEAC tablet as single dose was 83.32% and multiple dose was 73,88%.

The dosage of EEAC tablet given twice a day is five times than given once a day. It concluded that multiple dose (twice a day, 10 mg/kg body weight) more effective than single dose (once a day, 10 mg/kg body weight).

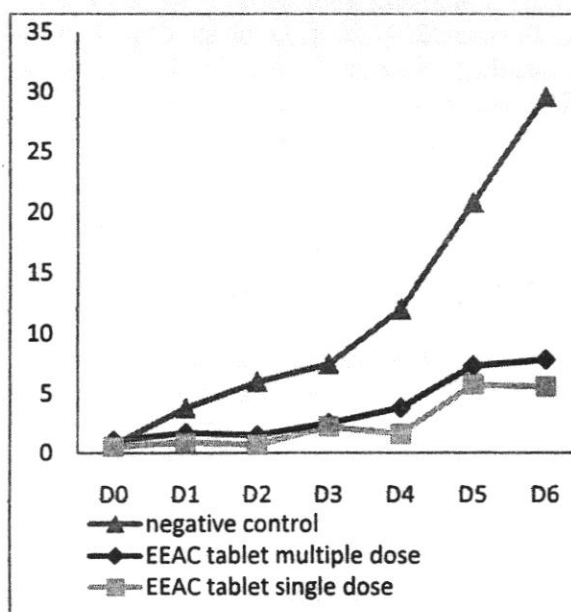


Fig 1. Graphic of parasitemia percentage *P. berghei* infected mice

CONCLUSION

The formula of EEAC tablet that composed : EEAC 150 mg, lactose 140 mg, cab-o-sil 5%, amilum 46 mg, avicel PH 101 7%, primogel 5%, and Mg stearat 1% was active as antimalarial drug. Oral administration of EEAC tablet at dose of 10 mg/kg body weight multiple dose (twice a day) more potential than 100 mg/kg body weight single dose (once a day).

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AUTHOR INDEX

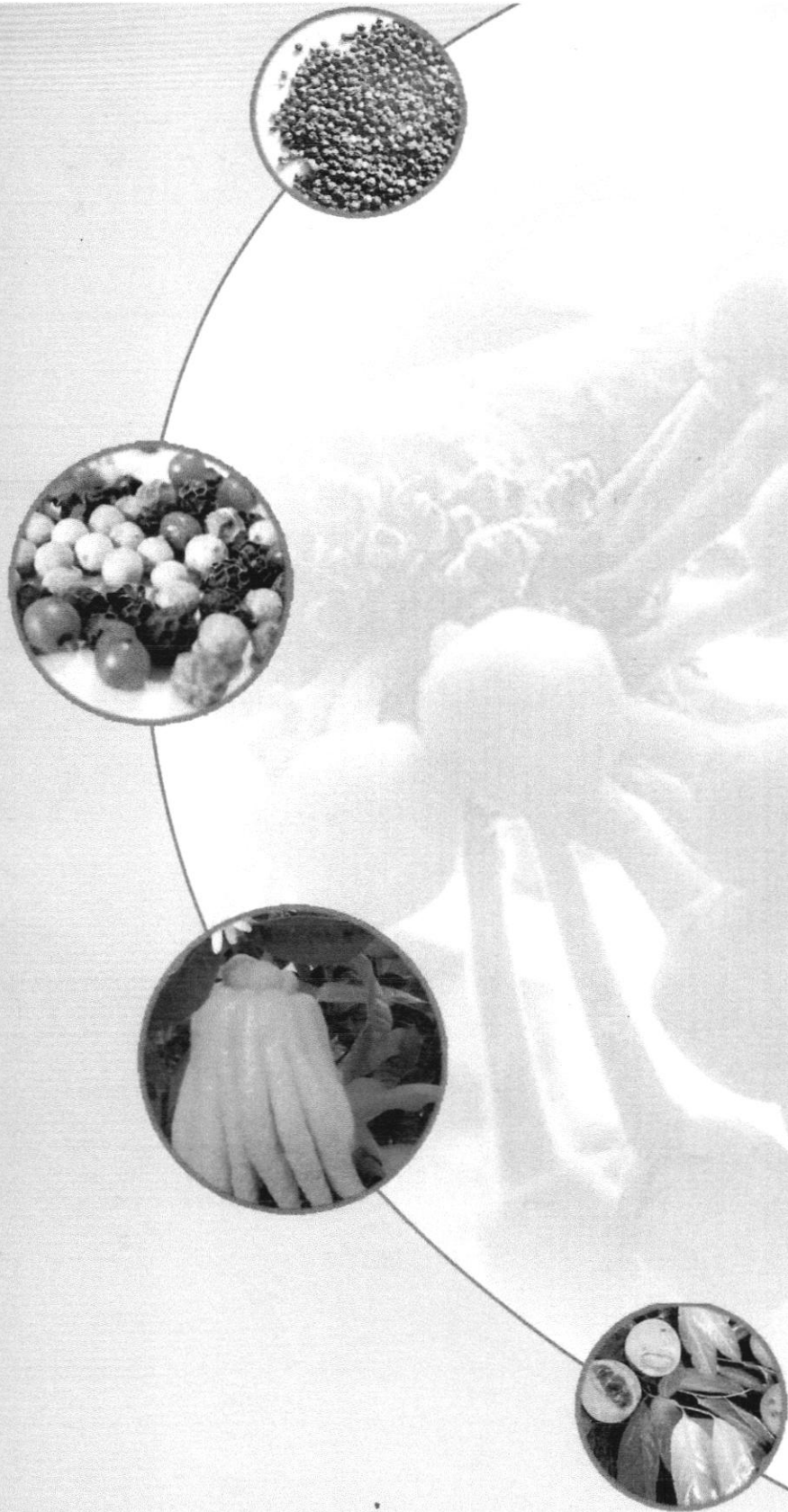
Abdullah	417	Hafid, A. F.	464
Aishah	417	Handayani, D.	368
Alam	582	Handayani, V	531
Alisyahbana	552	Hardi	446
Amien	633	Hasibuan	437
Amin	523, 531, 544	Hasnaeni	531
Anna	589	Herianto	483
Antonius	470	Herlina	633
Arafat	513	Hermanu	549
Armenia	382	Hertiani	483
Arnida	638	Hidayat, T.	552
Aryani	565	Hidayat, Y.	691
Assaat	437	Hidayati	464
Bahadir	671	Hidayatullah	378
Baroroh	490, 650	Higashiyama	441
Batubara	437, 571	Idris	417
Budiati	441	Irawanto	391
Candra	577	Ishak	363
Caroline	667	Isnaini	430, 659
Churiyah	605	Juniarti	643
Darijanto	696	Kadir	544
Darusman	654	Kalsum	706
David	549	Kamarullah	544
De Lux Putra	683	Kasyim	582
Devina	382	Kawroe	513
Dewi	417	Khotimah	706
Diastuti	650	Kuspradini	571
Djojosaputro	598	Kusuma	565
Effendi	513	Kuswinarti	557
Ekasari	611	Langsa	373
Ekowati	441	Limyati	679
Ervina	679	Lukman	470
Esar	667	Lusiastuti	446
Esar	701	Mahdi	363
Febriana	483	Manggau	582
Fidrianny	696	Mariaty	470
Foe	667	Marisa	378, 460
Fujiati	430	Markom	417
Habibie	582	Matsushima	426
Hadisoewignyo	691	Mauludin	696
Haditomo	446	Miatmoko	464
Hafid, A.	531	Mitsunaga	426, 571

PLANT NAMES INDEX (Volume 1 and 2)

<i>Abelmoschus manihot</i>	557
<i>Acanthus ilicifolius</i>	254
<i>Allium ascalonicum</i>	54
<i>Allium sativum</i>	133
<i>Aloe vera</i>	691
<i>Andrographis paniculata</i>	97, 234, 643
<i>Anredera cordifolia</i>	229
<i>Areca catechu</i>	391, 452
<i>Areca vestiaria</i>	9
<i>Artocarpus altilis</i>	430, 605
<i>Artocarpus champeden</i>	21, 176, 464
<i>Bruguiera gymnorhiza</i>	650
<i>Cabomba furcata</i>	417
<i>Callitris glaucophylla</i>	426
<i>Camelia sinensis</i>	157, 309
<i>Canavalia ensiformis</i>	351
<i>Carica papaya</i>	7
<i>Centella asiatica</i>	333, 706
<i>Channa striata</i>	303
<i>Clitoria ternatea</i>	544
<i>Cola nitida</i>	552
<i>Coleus amboinicus</i>	226
<i>Connarus grandis</i>	382
<i>Cratogeomys arborescens</i>	299
<i>Curcuma domestica</i>	258
<i>Curcuma zedoria</i>	173
<i>Daemonorop draco</i>	714
<i>Drymis beccariana</i>	373
<i>Eleutherine americana</i>	329
<i>Erythrina variegata</i>	145, 633
<i>Eugenia uniflora</i>	127
<i>Garcinia mangostana</i>	141, 398
<i>Goniothalamus ridleyi</i>	299
<i>Gynura pseudochina</i>	91
<i>Haliclona fascigera</i>	368
<i>hedyotis corymbosa</i>	222
<i>Ipomoea batatas</i>	263
<i>Jamu</i>	295, 577
<i>Jatropha curcas</i>	34, 490
<i>Kaempferia galanga</i>	15, 441
<i>Lobophytum structum</i>	513
<i>Moringa oleifera</i>	437
<i>Myrmecodia tuberosa</i>	589
<i>Nigella sativa</i>	325
<i>Pandanus conoideus</i>	212, 276
<i>Pangium edule</i>	201
<i>Parkia biglobosa</i>	182

Mogea	373	Subhan	513
Muchlisyam	683	Suganda	403
Mudakir	638	Suhesti	616
Mufidah	582	Sukardiman	441
Muljono	363	Sukarti	701
Munjiah	659	Supratno	437
Muslimin	582	Suratman	495
Natania	470	Susanto	659
Nawawi	403	Sutomo	638
Ningsih	605	Tanbiyaskur	446
Nining	368	Tarwadi	643
Nuralih	398	Tumewu	464
Nuri	452	Utami, E. S. W.	611
Nurlely	589	Utami, M. R.	437
Nuryanti	616	Utami, W. S.	452
Pendrianto	643	Wahyuni, F. S.	368
Pertamawati	398	Wahyuni, D. K.	611
Pongtuluran	643	Wahyuni, T. S.	611
Pratiwi	483	Wahyuni, W. T.	654
Rachmani	616	Wardah	476, 503
Radjaram	464	Warsinah	490, 650
Rahmiwati	378	Wätzig	495
Revina	589	Wibowo	671
Riawan	706	Widodo	552
Rinaldi	696	Widyawaruyanti	464
Roesanto	549	Wigena	654
Rohmawaty	557	Wijaya	643
Romengga	437	Wijdhati	643
Rosamah	565	Wilgenburg	356
Roskiana	523	Yuwono	638
Rozaimah	417	Yuyun	589
Rusli	544	Zaenuddin	622
Salni	460	Zuhrotun	403
Santoso	373	Zulkarnain	523
Sasaki	441	Zuraida	714
Sastramihardja	557		
Sattar	382		
Setyowati	476, 503		
Simatupang	598		
Siregar	598		
Siswandono	441		
Soedharma	513		
Soegianto	679		
Solikin	593		

<i>Penaeus monodon</i>	667
<i>Phaleria macrocarpa</i>	346
<i>Phyllanthus niruri</i>	654
<i>Piper betle</i>	696
<i>Piper retrofractum</i>	269
<i>Piperis nigri</i>	100
<i>Portulaca oleracea</i>	292
<i>Pterocarpus indicus</i>	470
<i>Rauvolfia serpentina</i>	186
<i>Rhodomirtus tomentosa</i>	638
<i>Salacca edulis</i>	217
<i>Sarcophyton roseum</i>	513
<i>Shorea acuminata</i>	321
<i>Shorea fauetiana</i>	60
<i>Sinularia dura</i>	513
<i>Sonchus arvensis</i>	611
<i>Sonneratia caseolaris</i>	565
<i>Stelechocarpus burahol</i>	66, 73, 80, 160, 164, 169, 282, 287, 593
<i>Stenochlaena palustris</i>	339, 659
<i>Swietenia mahagoni</i>	616
<i>Syzygium aromaticum</i>	679
<i>Terminalia catappa</i>	403, 571
<i>Trigonella foenum-graecum</i>	47,86
<i>Vatica flavofirens</i>	29
<i>Vetiveria zizanioides</i>	206
<i>Vitex pubescens</i>	571
<i>Zingiber cassumunar</i>	239
<i>Zingiber officinale</i>	269, 363



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